

MASTERS CAMP

2026

SEPTEMBER 7-12TH 2026

COLONIA DE SANT JORDI(MALLORCA)

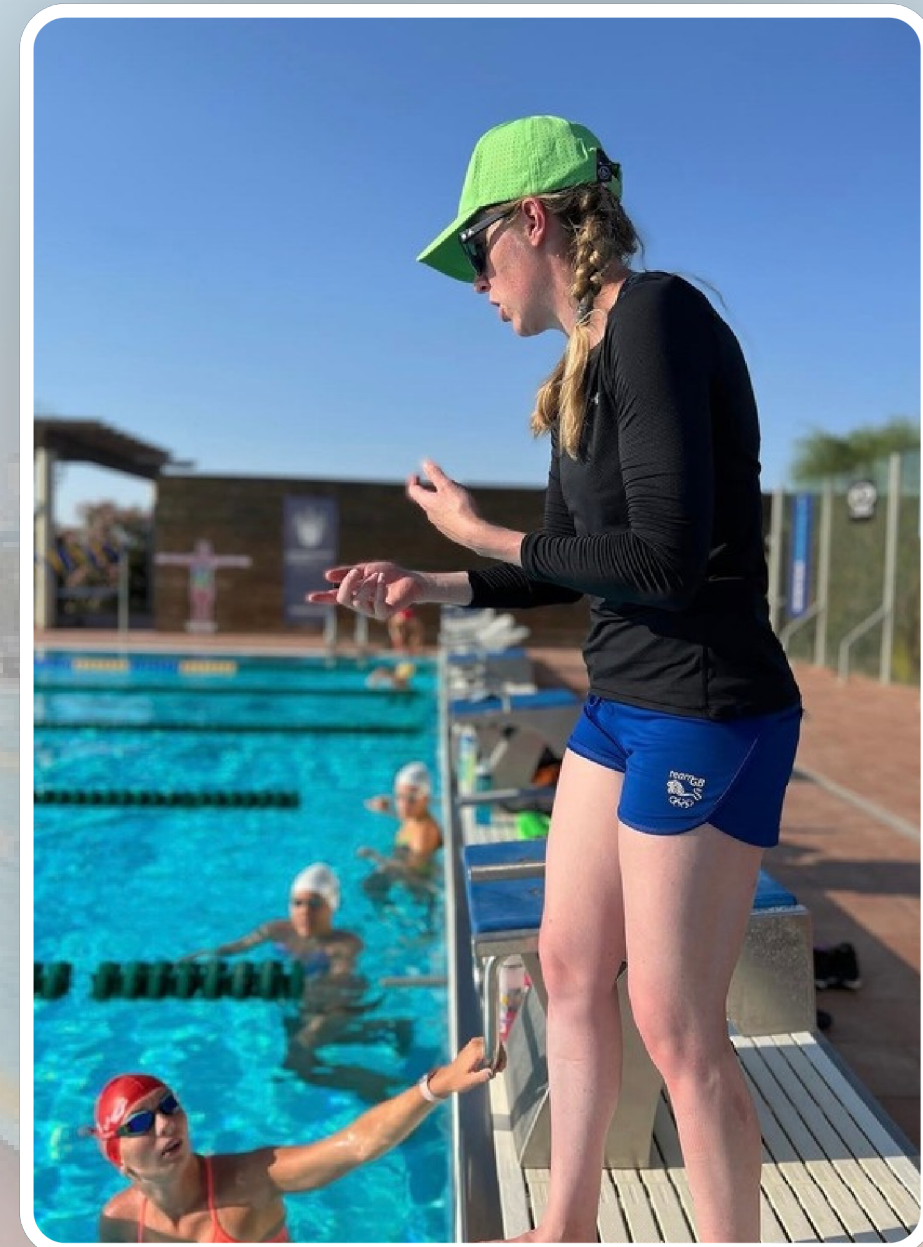
ABOUT THE MASTERS CAMP

Our Masters Swim Camp is a focused week designed for swimmers and triathletes who want to improve their swimming in a structured, supportive environment.

This September, we're bringing a group of like-minded athletes together in Mallorca for a week of consistent coaching, purposeful training, and real progress in the water.

Across the week, you'll work on technique, efficiency, and swim-specific fitness, with sessions designed to help you understand how to improve, not just what to do. Whether your goal is to build confidence or find marginal gains, the camp is structured to meet you at your level.

We keep the environment friendly, approachable, and focused so you can train hard, ask questions, and enjoy the process. It's about more than just the sessions; it's about being around people who are working towards similar goals and pushing each other in the right way.



INFORMATION

Our coaching team is personable, approachable, and highly experienced across both competitive swimming and triathlon, ensuring every swimmer can take something meaningful away from the camp

Each session is designed to be structured, progressive, and adaptable, so whether you're refining technique or building endurance, you'll be supported at your level. Throughout the week, there's a strong focus on clear coaching, individual feedback, and creating an environment where you can improve while still enjoying the process. You can expect a mix of technical work, performance-based training, and opportunities to challenge yourself, all delivered in a way that's both focused and enjoyable.

What the sessions include:

- **Daily coached swim sessions led by Honest Athletes coaches**
- **Pre-pool activation, including core and mobility work**
- **Technique-focused drills and stroke development**
- **Tailored training to improve efficiency, endurance, and performance**
- **Individual feedback and suggestions throughout sessions**
- **Optional challenge sets for those wanting to push further**
- **Dive, start, and turn development**
- **Race preparation and pacing strategies**
- **Aerobic development to build swim-specific fitness**

PRICES

EARLY BIRD | £600

STANDARD | £725

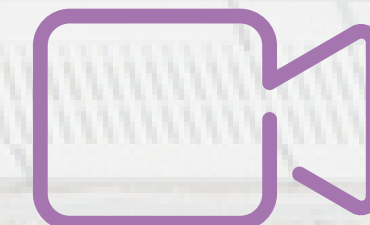
HOTEL BOOKING
BONUS

**EXCLUSIVE
OFFER**

Receive up to 10%
off your hotel with
discount codes.

Show us you've
used this to get a
your video analysis
copy free

FREE



CANCELLATIONS, BALANCES AND SAFETY

Cancellations

- Up to 60 days before: full refund
- 60–21 days: 50% refund
- <21 days: no refund

Balances

- Final balance due 45 days before the camp starts

Safety and Welfare

- Qualified lifeguard on duty, medical staff on call 24/7
- Physiotherapist local
- Safeguarding and supervision policies in place

HOTEL REFUNDS

Please note that accommodation is booked independently of the camp. Refunds and cancellations relating to your hotel must be handled directly with the accommodation provider, in line with their own policies. We recommend reviewing these terms carefully before confirming your booking

ACCOMMODATION DISCOUNTS

**EXCLUSIVE
OFFER**

Show us you've used a discount code to get a copy of your video analysis free



UNIVERSAL HOTEL MARQUÉS ****	7.50%	UNIVERSALBEST26	www.universalhotels.es
APARTAMENTOS POSIDONIA ****	2.50%	BEST	www.apartamentosposidonia.com
BIKINI ISLAND & MOUNTAIN HOTEL ES TRENC ****	5%	BESTBIKINI26	www.bikini-hotels.com/mallorca-hotels/es-trenc/
BLAU CLUB COLÒNIA RESORT & SPA ****	5%	FSHBLAU2026	www.blauhotels.com
EL COTO BOUTIQUE & SPA HOTEL *****	Best Price Guarantee	Contact: info@bestcentresports.com	www.hotelcoto.es
HONUCAI HOTEL ****	5%	BESTFEST6	www.hotelhonucai.com
UNIVERSAL HOTEL GRAND LEÓN & SPA *****	7.50%	UNIVERSALBEST26	www.universalhotels.es
UNIVERSAL HOTEL ROMÁNTICA ***	7.50%	UNIVERSALBEST26	www.universalhotels.es

COLÒNIA SANT JORDI

Welcome to Colònia de Sant Jordi, one of Mallorca's best-kept secrets.

Tucked away in the island's south-east corner, this charming seaside town is the perfect base for your camp.

It has everything you need: cafés, restaurants, shops, and of course the BEST pool, all within walking distance. The town is lively yet relaxed, a place where everyone instantly feel at home.

Colònia de Sant Jordi is surrounded by some of the most stunning beaches in Europe:

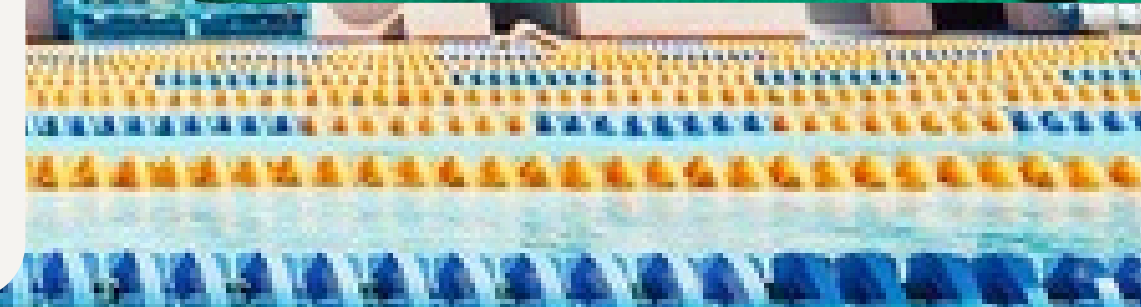
Es Trenc = famous for its endless golden sand and crystal-clear waters. A natural paradise stretching for 3km.

Es Estanys = right next to town, perfect for a quick swim or lazy afternoon in the sun.

Es Dolç & Es Carbó = quieter, unspoiled gems. Reach them by a short walk or hire a boat for your own little adventure.

Ses Salines = golden sand, turquoise waters, and total peace.

Together, these beaches form what locals call the “magical triangle” of the Balearics a unique mix of beauty, calm, and adventure.



GETTING HERE

Your camp starts with a smooth journey to Colònia de Sant Jordi. By car or taxi is around 35-40 minutes from Palma de Mallorca Airport.



Pool Address:

BEST CENTRE SPORTS
Carrer Rolda, 35
07638 - Colònia de Sant Jordi,
Mallorca



If you need help organising taxi's for larger groups please email info@honestathlete.co.uk

RESERVE YOUR

MASTERS

CAMP TODAY!

info@honestathlete.co.uk

Follow us: [@thehonestathletes](https://www.instagram.com/thehonestathletes)

www.honestathlete.co.uk

**HONEST
ATHLETE.**